

Cheerfulness

Step 1: Trace over the solid black sentence. **Step 2:** Trace over the grey dotted sentence. **Step 3:** Write your own copy on the lines below.
The bottom line is smaller, you may use that one for your copy as you may find it easier to keep your letters neatly formed if you write them smaller.

1. Cheerfulness is being happy and positive in feeling or attitude.

1. Cheerfulness is being happy and positive in feeling or attitude.

2. It is not always easy to be cheerful.

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Check your own work!

Do your letters touch the top line and the base line?

Do they touch the middle line?

If not, go back and fix them!



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3. People enjoy being with those who are cheerful.

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4. When you see someone sad, try to cheer them.

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5. How can you grow the virtue of cheerfulness?

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6. Put away all gloomy thoughts.

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7. Try to think of only good and pure things.

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8. Try to be cheerful all day long.

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9. Try every day to be more pleasant.

9. Try every day to be more pleasant.

10. Try to bring sunshine to everyone.

10. Try to bring sunshine to everyone.

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11. Try to drive away all unpleasant thoughts.

11. Try to drive away all unpleasant thoughts.

12. Try to keep a smile on your face.

12. Try to keep a smile on your face.

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13. Life is like a mirror. If you smile, smiles come back to greet you.

13. Life is like a mirror. If you smile, smiles come back to greet you.

14. Smiling faces win many friends.

14. Smiling faces win many friends.

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Memory Gem Challenge

Write the poem in cursive on the lines below.

Laugh a bit and sing a song,
Where they are, there's nothing wrong;
Joy will dance the whole world through,
But it must begin with you.



Handwriting practice lines for cursive writing. The page contains ten sets of horizontal lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line. A large, diagonal watermark reading 'www.casbook.com' is overlaid across the page.



Lower Case Letter Practice Pages

The red dot indicates where you begin each letter. Trace each letter and fill in each space.

a	a	a	a	a										
b	b	b	b	b										
c	c	c	c	c										
d	d	d	d	d										
e	e	e	e	e										
f	f	f	f	f										
g	g	g	g	g										
h	h	h	h	h										
i	i	i	i	i										
j	j	j	j	j										
k	k	k	k	k										
l	l	l	l	l										
m	m	m	m	m										

n	n	n	n	n										
o	o	o	o	o										
p	p	p	p	p										
q	q	q	q	q										
r	r	r	r	r										
s	s	s	s	s										
t	t	t	t	t										
u	u	u	u	u										
v	v	v	v	v										
w	w	w	w	w										
x	x	x	x	x										
y	y	y	y	y										
z	z	z	z	z										



Upper Case Letter Practice Pages

The red dot indicates where you begin each letter. Trace each letter and fill in each space.

A	A	A	A	A															
B	B	B	B	B															
C	C	C	C	C															
D	D	D	D	D															
E	E	E	E	E															
F	F	F	F	F															
G	G	G	G	G															
H	H	H	H	H															
I	I	I	I	I															
J	J	J	J	J															
K	K	K	K	K															
L	L	L	L	L															
M	M	M	M	M															

N	N	N	N	N															
O	O	O	O	O															
P	P	P	P	P															
Q	Q	Q	Q	Q															
R	R	R	R	R															
S	S	S	S	S															
T	T	T	T	T															
U	U	U	U	U															
V	V	V	V	V															
W	W	W	W	W															
X	X	X	X	X															
Y	Y	Y	Y	Y															
Z	Z	Z	Z	Z															

