

# *Great Feasts of the Church*



*Easter  
Sunday*

## *Part 1 - The Resurrection*

Before Jesus was nailed to the Cross, He told the people that He would not stay dead. He said, "I will come back to life on the third day."

Now the wicked men who had killed Jesus knew that Jesus said He would come back to life. They did not believe that Jesus could do this. But they were afraid that when Jesus died, the Apostles might come and take His Body out of the grave and hide it and pretend that Jesus had come back to life.

So the wicked men made their soldiers guard the grave. The day that Jesus died on the Cross was Friday. All that night, and all the next day and night, the soldiers watched the grave where Jesus was buried. Suddenly, very early on Sunday morning, when everything was quiet, there was a great noise. The earth shook. An Angel of God came down from Heaven and rolled back the big stone that closed up the grave. The soldiers were so frightened at the earthquake, and at the sight of the shining Angel, that they fell down on the ground in a faint.

What had happened?

Jesus had come back to life! He had risen from the dead. He had come out of the tomb, just as He had said He would.

This day - the day that Jesus came back to life - is called Easter Day or Easter Sunday. Jesus rose from the dead on Easter Sunday, and for us, this is a happy, happy day.

## *Part 2 - The Holy Women*

Early that same morning some very good women came to the grave of Jesus.

They did not know that He was alive again. They wanted to put perfume and spices into His grave. That was the custom in those days. As the women walked along one of them said, "Who will roll back the big stone and open the grave for us?" This stone was so big that the women knew they could not move it.

As they came near Jesus' grave they saw that the stone had already been rolled back. And there sat a beautiful Angel! The women were frightened.

The angel said, "Do not be afraid. I know that you are looking for Jesus. He is not here.



He is alive. Look!” And the Angel pointed to where the Body of Jesus had been.

Jesus was not there. Jesus was alive! The good women were so happy they ran as fast as they could to tell the Apostles the wonderful news.

Another woman who loved Jesus very much was named Mary Magdalene. She came to the grave, too. When she saw that Jesus’ Body was gone, she cried and cried.

Suddenly she saw the Angel. The Angel said to her, “Why are you crying?”

Mary Magdalene answered, “Because they have taken the Body of my Jesus away, I don’t know where!”

Just then Mary turned around. She saw Someone all in white, standing beside her. She thought it was the man who took care of the grounds.

Mary said to Him, “If you have taken my Jesus, tell me where you laid Him and I will go and take Him away.”

The Man said just one word: “Mary.”

It was Jesus! Mary knew His voice. Jesus was smiling at her. He was alive again! Mary was filled with happiness. Jesus said to her, “Go and tell the Apostles and My friends that you have seen Me, and that I have risen from the dead.”

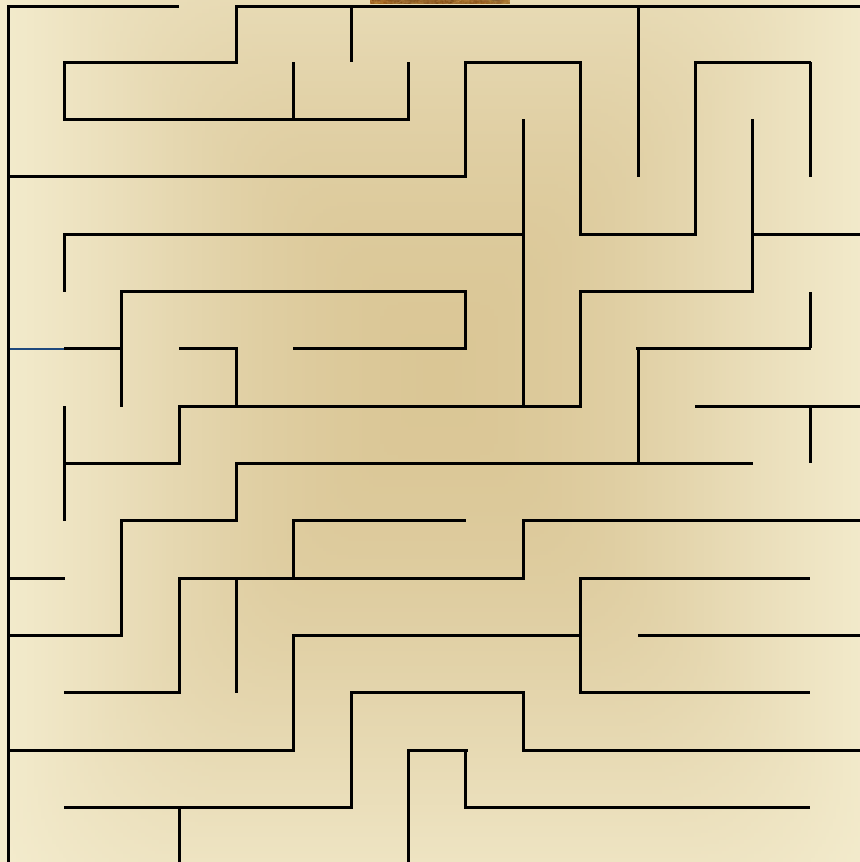
~ Taken from: *A Catholic Mother’s Helper* by Sister Mary, Sister Mary Roberta, and Sister Mary Rosary. 1948 ~

*U* is for Victor  
At dawn the third day,  
The tomb became bright,  
and the stone rolled away.  
Disfigured no longer,  
but beautiful, bright,  
Christ rose from the dead,  
And appeared in His might.

~ Taken from: *Catholic Nursery Rhymes* by  
Sister Mary Gertrude. 1925. Imprimatur ~

*Can you help the Holy Women get  
to Jesus' tomb?*

*Start:*



*Finish:*





# *Chumley, the Pious English Setter*

## *A Sermon for Easter Sunday*

*"You seek Jesus of Nazareth. He is risen."*

This is Easter Morning. We are going to learn a lesson today from a very smart dog. This dog is an English Setter by the name of Chumley. If his master would put a piece of meat in front of him and say, "Now it is Lent," Chumley would not eat the meat, but would stand there with his big eyes gleaming until his master would say, "Now it is Easter." Then Chumley would gobble up the meat and bark very happily. Chumley found out that he got a lot more meat this way than he would ordinarily get, so he even learned the trick in three languages.

This morning, we learn a lesson from Chumley. It is the lesson which the Church has been trying to teach us since Lent began, namely that we must have the fast before the feast, the cross before the crown. If we learn this lesson now and remember it all our lives, we can save ourselves a lot of trouble. It means that we must not always be looking for an easy way out of things. Our Lord could have chosen the easy way out, but He did not.

King Charles V once called his son before him and offered him a choice. On the table he placed a sword and a crown. He said, "Which do you choose?" The son hesitated a moment and then picked up the sword. "Why the sword?" his father asked. The son took up the sword and pointed to the crown and said, "With this, I can get that." So it is with us. With the sword of penance we can gain the crown of eternal life, but the cross comes before the crown.

Hercules once stood at the crossroads wondering which way to turn. Two guides approached him. One said, "Follow me. This is the road of pleasure and the easy way." The other said, "This is the road of effort, the hard way. This is the hard way, but it leads to happiness." Hercules chose the hard road and made a wise choice, because the cross comes before the crown, the fast before the feast.

King Cyrus of Persia was leading his troops on a campaign against their enemy Media. At one point the soldiers were tired and anxious to return home. Cyrus encouraged them by saying, “If you fight the Medes now, the labor is short but the reward is long.” He was right and that is the lesson we must learn this morning, that Lent comes before Easter, that the Crucifixion comes before the Resurrection, the fast before the feast—the cross before the crown.

~ Taken from: *Sunday Morning Storyland* by Rev. Wilfrid J. Diamond. 1945. *Imprimatur* ~

## *The Resurrection*

Zophar and two other soldiers had been assigned to stand guard at the tomb of Jesus. The first night nothing had happened. But the second night had come, and for some reason Zophar was very uneasy.

The growing paleness in the east told him that at last dawn was on the way. Soon other soldiers would come to relieve him and his companions. Zophar hoped they would be on time, for he wanted to get away from this tomb as quickly as possible.

What was worrying Zophar was the promise Jesus had made that He would rise again on the third day after His death. The Jews who had caused Jesus’ death were worried about that promise too. That was why there was a guard at Jesus’ tomb. The Jews had gone to the governor pretending to be afraid that Jesus’ Apostles and disciples would come and steal His Body and then say He had risen. They asked the governor to station soldiers about the door of the sepulchre to keep Jesus’ followers from doing this. But what the Jews were really afraid of was that Jesus would rise, as He had promised, and so prove Himself to be God. They foolishly thought that a few soldiers would be able to stop Him!

And now Zophar was afraid. He didn’t believe Jesus could rise from the dead, he told himself; but still in his heart he feared He might. He remembered the death of Jesus. He shuddered as he thought of the earthquake that had cracked the rocks, and the chill darkness that had settled over the world.

And many times, too, Zophar found himself thinking about Jesus as He dragged Himself to Golgotha or as He hung on the Cross. Somehow he felt that Jesus had been put to death unjustly. Zophar was a poor, ignorant soldier who knew very little about the case of Jesus. But he had seen that the crowd which mocked Jesus on Golgotha was savage and cruel. He had seen that Jesus’ friends who followed Him to His Crucifixion were gentle and peace-



able. And, chief of all, he had seen that Jesus Himself was loving, humble and patient. As Zophar helped nail Him to the Cross, he had heard Him pray, "Father, forgive them, for they do not know what they are doing." Zophar had never met anyone like Him before; he could not believe that Jesus was a criminal.

A sudden sound behind him made Zophar turn quickly toward the tomb. At the same instant the earth moved under his feet and sent him tumbling to the ground.

At first he was stunned. Regaining his senses in a little while, he sat up. But what he saw then set his head spinning again.

An Angel was sitting near the tomb. Zophar had never seen such a being. The Angel's face was so glorious and his clothes were such a lustrous white that the tears ran from Zophar's eyes when he tried to look steadily at him. It was just like looking at the sun on a bright day.

Then Zophar saw that the tomb was empty!

The huge stone that had blocked its entrance was rolled back. Inside the hollow cavern lay some linen wrappings, and that was all. Jesus was not there.

Zophar turned and ran from the spot. He could see the two other guards running as wildly as he.

In a nearby wood the soldiers who were to have relieved Zophar and his companions were standing amazed. But Zophar did not join them. He continued running until he came to a tiny glen. There he threw himself down and lay panting with exhaustion and fear.

As he grew calmer, Zophar became more and more convinced of what he should do next. Probably the other guards would go straight to the high priest and report what had happened. Zophar could imagine the fury of the enemies of Jesus when they learned that He had risen as He promised.

But Zophar had decided not to go to the high priest. Instead he would seek out the disciples of Jesus.

"They will teach me about Him," he said to himself, rising and starting out of the little glen. "And they will tell me what to do that I may see Him."

~ Taken from: *Little Stories of Christ's Miracles* by Nita Wagenhauser. 1942 ~

*"Why seek you the living with the dead? He is not here, but is risen." ~ Luke 24:5,6*

# Word Search

A A S V I T O C R E I D L O S  
 D H L E R S T A E E U H D G O  
 H S E I P S V H T T E H Y S N  
 M G G H B E I H S O S Y D E I  
 H E N H M E C N A M H E U H E  
 G H A P O S T L E S E U J G S  
 I J E G T B O D Y M N R H G R  
 R H Y W E R R I S E N H M H B  
 B T T O J I E J G P R S B G T  
 H E P M O G R A V E I E Y F N  
 M T M E Y H E G F R E H R U B  
 N D E N O T S N E F D H D T Y  
 B D H F U S T E F U L N G J G  
 I A S T S B D L H M O J F H K  
 B S Y N D S P I C E S B R H M

Easter Tomb Grave Angel Spices  
 Women Perfume Joyous Stone Empty  
 Risen Victor Body Apostles Bright  
 Soldier



# *The Resurrection*

Early on Easter morning, at the very instant the holy soul of Christ re-entered and revived His sacred body in the sepulchre, Mary experienced a mystical ecstasy in which her grief and sorrow were transmuted into ineffable joy and bliss. Just at that moment, after knocking, St. John stepped into her oratory, and finding her in the midst of a heavenly splendor and utterly transfigured with supernatural exultation, he understood that his Lord had just then arisen from the tomb.

Meanwhile the glorious body and soul of the Redeemer came forth from the holy sepulchre shining with all the brilliance of His divinity, and the risen Lord immediately showed Himself to His Blessed Mother, together with all the Saints and Patriarchs of the Old Testament. He was clothed in a long, white robe with a mantle that waved gently in the breeze as He advanced, reflecting all the colors of the rainbow, while His large wounds sparkled brightly.

Mary prostrated herself on the ground and humbly worshipped her resurrected Son until He took her hand, raised her, and drew her to Himself in a marvelous mystical embrace. Then in an ecstasy of fervent joy and love she heard a Voice saying to her: "My beloved, ascend higher!" And at the same time she was given a more profound and intimate vision of the Divinity than she had ever had before.

Next she turned to the holy Patriarchs and the souls of the Blessed, and as they bowed before her, she recognized and spoke to her beloved parents, St. Ann and St. Joachim, her good husband St. Joseph, and her friend St. John the Baptist. All of them honoured her as the Mother of the Redeemer of the world. And together they praised the Lord with hymns for His glorious victory over death, until He left them in order to show Himself to Mary Magdalen.

Later when Mary Magdalen and the others came to Mary and told her about Jesus' appearing to them, she listened quietly and kindly and strengthened their faith by quoting some of the scriptural prophecies concerning the Resurrection of the Messiah.

During the week that followed, when Thomas arrived and hesitated to believe that the Master had indeed risen from the dead, the other Apostles went to Mary and complained about his obstinacy. Seeing that they were becoming angry with him, she calmed them by assuring them that Thomas' disbelief would in the end bring great benefit to others and glory to God, and she urged them to wait and hope and not to be so easily disturbed. Meanwhile she

prayed fervently for Thomas, and therefore the Saviour soon enlightened him by allowing him to touch His sacred wounds.

~ Taken from: *The Life of Mary as Seen by the Mystics* compiled by Raphael Brown, 1951. *Imprimatur* ~

# *Easter Sunday*

## *Sorrow Changed to Joy*

A few short hours ago this Church was filled with sadness and grief. The altars were bare, the tabernacle was open and empty, the priests wore the black vestments of mourning, the bells and the organ were hushed, the choirs sang only sad hymns. All this because the heart of the Church was filled with sorrow, because men had placed our Blessed Lord on the Cross to die, because men had hated God whose Son came on earth to show man how much He loved him. Every year the Church tells you this story. She takes you by the hands to see your Lord suffer, to see Him scourged and beaten, to see Him crowned with thorns as He carried His cross, to see Him hanging, dying on that cross while only His Mother and John and some of the holy women waited to weep over Him. Then the Church told you how He was buried in a tomb. And you, each one of you felt sorrowful.

But, today, all is changed. A thousand flowers and lights make the altars beautiful, the priests are robed in the gold and white of joy, you sing the happy alleluias, the wonderful glorias. Mourning and sorrow have come to an end for today we stand before the open tomb and we find that Christ has risen from the dead. This is the day the Lord hath made, this is a day of great joy and celebration.

When our Blessed Lord was in the tomb the holy women went to watch at His grave, but when they went there on the third day they found the tomb empty. They saw that the stone had been rolled away and they could not see the body of Jesus. They wept because they thought that there was nothing more to live for. But the Angel came and spoke to them and told them that Christ had risen from the dead, that He had shown His great power by coming out of the grave alive again. Then our Lord appeared to the Apostles and to many and showed them that He had really and truly risen from the dead, that He had come forth from the grave, alive, now living, never more to die.

You came to this Church this morning and the tomb of our Lord is no longer sorrow-



ful. For here on the altar you see the tabernacle and you see in the Mass your God and your All. Today He has arisen for you. He appears to you, He comes to you, He comes into your very hearts. Your hearts are ready for Him for there is no sin in them because you have risen from the death of sin. Sin is death, it is darkness, it is hate for God, it brings sorrow. But now your hearts are ready, they have no hate, they have no darkness, they have no sin but they shine with the light that shone when Christ rose from the tomb, they shine with the light of all His glory.

At Christmas time we have the Christmas tree but I wonder if you have ever heard of the Easter tree? Some time ago someone told me about the Easter tree or I read about it somewhere and now I remember it well. We have talked before about the Christmas tree. We said that it is evergreen to show that God always loves us. It points straight to heaven to show that we should love God above all. Then it points out on all sides with its branches to show that we should love everyone. It has candles to show that love is the light of our lives and that we keep the lamp of faith burning in our hearts. It has presents to show that love means giving and not getting. But what about the Easter tree? If you look at the trees as you go home this morning you will see that the branches are bare and are formed in the shape of so many small crosses. Each tree seems to be made of so many crosses and it is really a sort of a Good Friday tree before it is an Easter tree. Warmer days are coming and then you will see these trees change into Easter trees. The buds will come out and burst into leaves. The leaves are pretty but they are also very useful to the tree. The leaves are the hands that stretch out to catch the sunshine and the rain. The leaves of the Easter tree teach us to be glad and to reach out and gain God's graces to help our souls to become more beautiful. So you see, the Easter tree is almost as good as the Christmas tree.

Each day, by doing good, by being kind, you are reaching out your hands to God. He is happy and rejoicing and He will fill those hands with sunshine and all His good Gifts and you will be more beautiful to Him as you grow taller and nearer to Him. You watch those trees. Now you see the crosses, soon the leaves and blossoms. Remember that you are the flowers that decorate the Church today and you are the sunshine that makes your mothers and fathers happy at home, you are the trees of God today and everyday. Rejoice and be happy because God is in your heart and you are filled with His graces. Amen.

~ Taken from: *Catholic Talks for Children: Lent and Easter* by Rev. Fred Gilbert. 1947. *Imprimatur* ~

# *The Resurrection*

## *According to St. Mark*

At that time, Mary Magdalen, and Mary the mother of James and Salome, bought sweet spices, that, coming, they might anoint Jesus. And very early in the morning, the first day of the week, they come to the sepulchre, the sun being now risen. And they said one to another: Who shall roll us back the stone from the door of the sepulchre? And looking, they saw the stone rolled back, for it was very great. And entering into the sepulchre they saw a young man sitting on the right side, clothed with a white robe, and they were astonished. Who saith to them: Be not affrighted; you seek Jesus of Nazareth, who was crucified: he is risen, he is not here; behold the place where they laid him. But go, tell his disciples, and Peter, that he goeth before you into Galilee: there you shall see him, as he told you.

### **Why did the holy women desire to embalm the body of Jesus with spices?**

Because it was the custom of the Jews to embalm the dead, and as the Sabbath was so near and the time so short that they could not do it before the burial, these pious women procured the spices, and immediately after the Sabbath, hurried in the early morning to the sepulchre, to perform this act of love. We are taught by their conduct, that true love is never indifferent or slow, and what is agreeable to God it does without hesitation.

### **Why did the angel send the women to the disciples and especially to Peter?**

Because the disciples were to announce the Resurrection of Christ to the whole world, and they were now much saddened, and disturbed because of His death. Peter was the head of the apostles, and on account of having three times denied our Lord, he was greatly dejected and faint of heart, and was, therefore, above all to be comforted.

### **What encouragement does the Resurrection of Christ give us?**

It encourages us to rise spiritually with Him, and live henceforth a new life (Rom. 6:4), which we do if we not only renounce sin, but also flee from all its occasions, lay aside our bad habits, subdue our corrupt inclinations, and aim after virtue and heavenly things.

### **What is the festival of Easter?**

Easter, in Latin *Pascha*, signifies passing over, and has the following historical origin: Under Pharaoh, King of Egypt, the Jews in that country groaned under intolerable bondage. God had mercy on His people, and the hour of deliverance came. By His command the first-



born of all the Egyptians was killed by an angel. The Jews had been ordered by God to be ready for emigration, but first to kill a lamb, eat it in their houses in common, and sprinkle the doorposts with its blood. And the angel of death, by order of God, passed the doors sprinkled with the blood of the lamb, and did no harm to any child of the Israelites, whilst he slew all the first-born sons of the Egyptians. In grateful memory of this passing their doors, the Jews observed the festival of Easter, the Pasch, or Passover. After the death of Jesus, the apostles introduced into the Church in grateful remembrance of the day on which Jesus, the true Easter Lamb, took away our sins by His blood, freed us from the angel of eternal death, and passed us over to the freedom of the children of God.

**Where, during this time, was Christ's holy soul?**

In Limbo, that is, the place where the souls of the just who died before Christ, and were yet in original sin, were awaiting their redemption.

**What have we to expect from the resurrection of Christ?**

That our bodies will rise again from death (Rom. 8:11). For if Christ our head is alive, then we His members must also become reanimated, because a living head cannot exist without living members.

**What is meant by the Alleluia sung in Easter time?**

In English Alleluia means Praise the Lord, and expresses the joy of the Church at the resurrection of Christ, and the hope of eternal happiness which He has obtained for us.

**Why does the Church on this day bless eggs, bread, and meat?**

To remind the faithful that although the time of fasting is now ended, they should not indulge in gluttony, but thank God, and use their food simply for the necessary preservation of physical strength.

~ Taken from: The Church's Year by Rev. Leonard Goffine. 1880. *Imprimatur* ~



# *Jesus Christ is Risen Today*

*~ Jesus Christ is ris'n today, Alleluia!  
Our triumphant holy day, Alleluia!  
Who did once upon the Cross, Alleluia!  
Suffer to redeem our loss, Alleluia!*

*~ Hymns of praise then let us sing, Alleluia!  
Unto Christ our heavenly King, Alleluia!  
Who endured the Cross and grave, Alleluia!  
Sinners to redeem and save, Alleluia!*

*~ But the pains which He endured, Alleluia!  
Our salvation have secured, Alleluia!  
Now above the sky He's King, Alleluia!  
Where the angels ever sing, Alleluia!*

*~ Sing we to our God above, Alleluia!  
Praise eternal as His love, Alleluia!  
Praise Him, all ye heavenly host, Alleluia!  
Father, Son, and Holy Ghost, Alleluia!*



# The Resurrection

There are three gardens in the history of the world which we must never forget. One is the Garden of Eden, where our first parents lived and where Original Sin was committed.

The second is the Garden of Gethsemani. There, the human nature of Our Lord suffered intense pain at the thought of the suffering He had to endure. There He sweat blood. There, also, Judas betrayed Him with a kiss.

The third is the Easter Garden, or the Garden of the Resurrection. It is a fact that Our Lord arose from the dead. Our Lord's Resurrection is just as real as the discovery of America by Columbus or the winning of the American Revolution by George Washington.

After Our Lord's death Joseph of Arimathea asked Pilate for His body. Our Lord's body was taken down from the Cross, as we see in the Thirteenth Station of the Cross. It was wrapped in a long winding sheet, or shroud, and laid in Joseph of Arimathea's tomb, as we see in the Fourteenth Station of the Cross.

The Jews were permitted to place soldiers before the sepulchre. In addition, a huge stone had been rolled in place to close the entrance.

And early, Sunday morning, Mary Magdalen, whom Our Lord had converted, and two other women went to the sepulchre in order to anoint the body of Our Lord with spices.

Imagine their wonderment when they arrived and found the stone rolled back. Imagine their joy when a young man "sitting on the right side, clothed with a white robe" said to them:

"Be not affrighted; you seek Jesus of Nazareth, who was crucified: He is risen, He is not here. Behold the place where they laid Him." (Saint Mark: XVI:6)

They rushed back to tell the Apostles. While they were gone Our Lord revealed Himself to Mary Magdalen in the garden.

Later, Our Lord appeared in the upper chamber where the Apostles were gathered for fear of the Jews. He showed them the marks of the nail and spear wounds on His hands and His feet and His side to prove that He had really risen from the dead.

The Resurrection of Our Lord is the greatest proof of His divinity. Easter is the greatest feast in the calendar of the Church.

~ Taken from: *Great Moments in Catholic History* by Rev. Edward Lodge Curran. 1938. *Imprimatur* ~

# *Part 1 - Christ Appears to the Apostles*

It was Easter Sunday. The Apostles had gone to Jesus' grave and found it empty. Mary Magdalene told them that she had seen Jesus. The Apostles did not know what to think.

They were sitting together in the room where they had eaten the Last Supper with Jesus on the night before He died. This room was called the Cenacle. The Apostles were afraid to go outdoors. They thought that maybe the wicked men who had killed Jesus would kill them too. So they had all the windows locked. They had all the doors locked.

Suddenly while they were talking, they looked up. Jesus was standing there. The Apostles were frightened. Jesus said, "Peace be to you. It is I. Do not be afraid."

Then to prove that it was really He, Jesus showed them the holes that the nails had made in His hands and feet. The Apostles were happy. They had Jesus with them once more. They hoped that He would stay with them always.

One of the Apostles named Thomas was not with them when Jesus came. So later they said to Thomas, "We have seen the Lord." They told Thomas how Jesus had come right into the room even with the doors and windows locked. And they told Thomas how Jesus had shown them the holes in His hands and feet.

But Thomas said, "I do not believe that Jesus has risen. I will not believe it unless I can put my own fingers into the holes in His hands."

A week later, the Apostles were in the same room. The windows were locked. The doors were locked. Yet, all at once, Jesus was standing before them. Again He said, "Peace be to you."

Then Jesus said to Thomas, "Come here, Thomas, and put your finger into the holes in My hands, so you will believe I have risen. You are one of My Apostles. You know Who I am. You should have faith in My power."

Thomas was ashamed because he had not believed that Jesus was risen. He fell at the feet of Jesus. He said, "My Lord and my God."

Jesus said, "Yes, you believe, Thomas, because you have seen Me. But I will bless those people who believe in Me even when they do not see Me."



Jesus meant you and me when He said, “I will bless those people who do not see Me.” We did not see Jesus as Thomas did, but we believe that Jesus rose from the dead.

“My Lord and my God” is one of the most beautiful prayers that we have. Every time we look at the little white Host, at Mass, during Benediction, or any other time, we can say, “My Lord and my God!” It will make Jesus very happy and He will give us a special blessing.

## *Part 2 - The Two Disciples at Emmaus*

It was late Easter Sunday afternoon. Two friends of Jesus, called disciples, were walking to a little village named Emmaus.

These two disciples knew that Jesus had died on the Cross on Good Friday. They knew that the good women had found Jesus’ grave empty on Easter morning. But they did not understand why Jesus had died. They did not know what had become of His Body.

Now, as they walked along to Emmaus, they were talking about these things and they were sad.

Jesus was walking behind them. Soon He caught up with them.

He said, “Why are you sad?”

The disciples did not know that it was Jesus. One of them said, “Are you a stranger here? Don’t you know what has happened these last few days?”

“What has happened?” asked Jesus.

“Why,” said the other disciple, “Jesus was captured, and nailed to a Cross and died. Now this is the third day and strange things are happening.”

“What strange things?” asked Jesus again.

The disciples told Jesus then how the good women went to the grave early in the morning and found it empty. They told Him that the women said they had seen an Angel. The Angel said Jesus had risen from the dead, but the two disciples did not know whether to believe this or not.

Jesus told the two disciples that all these things had to happen to Jesus. He explained that Jesus was God and that He had come to this earth to teach us about God and to die for us so that Heaven would be open again.

The two disciples listened. What Jesus said made them happy. They still did not know Who He was. But they loved to listen to Him.

And now they had reached Emmaus. They did not want to see the Stranger leave them.

They said, “Do not leave us now. It is late. Stay with us tonight and then you can start out early in the morning.”

Jesus stayed with them. When they all sat down to the table for supper Jesus took bread in His hands. He blessed it, broke it, and gave it to them to eat. The very minute that He broke bread, the two men recognized Him.

They said, “It is Jesus!”

Then Jesus left them.

The two disciples looked at each other for a long time. They were very quiet. Then one said to the other, “Jesus is truly risen from the dead.”

“Yes,” said the other. “We have seen Jesus! That was why we were so happy when He spoke to us on the road. We did not know Him, but it was Jesus our Lord.”

~ Taken from: *The Catholic Mother's Helper* by  
Sister Mary, Sister Mary Roberta, and Sister Mary Rosary. 1948 ~





# *O Filii et Filiae*

*\*Refrain: Alleluia, alleluia, alleluia.*

*~ O filii et filiae*

*Rex coelestis, Rex gloriae*

*Morte surrexit hodie. Alleluia. \**

*~ Et mane prima sabbati,*

*Ad ostium monumenti*

*Accesserunt discipuli. Alleluia. \**

*~ Et Maria Magdalene,*

*Et Jocabi et Salome*

*Venerunt corpus ungere. Alleluia. \**

*~ In albis sedens Angelus*

*Praedixit mulieribus*

*In Galilaea est Dominus. Alleluia. \**

*~ Discipulis astantibus,*

*In medio stetit Christus*

*Dicens: Pax vobis omnibus. Alleluia. \**